

Abstinence Education Program

Program Description	
Program or Division Name	Abstinence Education
Bureau	Children's Health
Associateship	Associateship for Family Health
Program Purpose	The Abstinence Education Program provides federal funding to community-based organizations whose abstinence education activities promote abstinence from sexual activity for individuals that are most likely to bear children out of wedlock.
Major Responsibilities	<ul style="list-style-type: none"> • Provide funding and technical assistance to community organizations that contract with TDH to perform abstinence education activities. • Monitor activities to determine that they are in compliance with federal definitions of abstinence. Activities can include abstinence education classes, mentoring, counseling and adult supervised initiatives. • Conduct media campaigns targeting parents and teens. These are often a joint community/TDH venture. • Evaluate contractor as well as media activities.
Population Served	<ul style="list-style-type: none"> • State of Texas (pre-teens, teens, young adults, parents, and health care professionals and teachers)
Contact Information	<p>Mike Messinger, Program Director Phone: 512.458.7111 ext. 3807; Fax: 512.458.7350 Mike.Messinger@tdh.state.tx.us Program website: www.tdh.state.tx.us/abstain Location: Moreton Building, Room 543 Mailing address: 1100 W. 49th Street, Austin, TX 78756</p>

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Program Objectives	
Fiscal Year 2003 Objectives	<p>Primary Abstinence Education objectives for FY '03 are:</p> <ul style="list-style-type: none"> • Provide funding to a broad range of community organizations in Texas who are able to meet federal abstinence education definition requirements • Provide training to support providers in carrying out contractual requirements, including reporting and quality assurance • Provide guidance to providers in program planning, implementation and evaluation of program education strategies and use of data as related to client outcomes
Services Provided/Activities	<p>Health Care Safety Net Services</p>
	<p>Direct health care: NA</p> <p>Enabling: N/A</p> <p>Population-based:</p> <ul style="list-style-type: none"> • Encourage collaborative efforts at the local level between public and private, for-profit and non-profit organizations, such as government, institutions of higher learning, independent school districts, faith-based organizations and/or other abstinence-only programs to support an abstinence message targeting youth, young adults and their parents <p>Infrastructure-building:</p> <ul style="list-style-type: none"> • Hold regular meetings with TDH abstinence education contractors to provide training and technical assistance and to obtain input on statewide abstinence initiatives • Provide information about funding opportunities through the program website • Support community efforts with statewide initiatives such as media campaigns targeting youth and parents • Evaluate program outcomes and media campaigns

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	Essential Public Health Services (EPHS)
	<p>EPHS No. 3. Inform, educate, and empower the community with respect to health issues:</p> <ul style="list-style-type: none"> • Implement innovative media campaigns and local educational programs targeting youth, their families and health care professionals, regarding teen pregnancy rates, sexually transmitted disease and other health concerns. • Develop educational materials for parents <p>EPHS No. 4. Mobilize community partnerships in identifying and solving community health problems:</p> <ul style="list-style-type: none"> • Encourage school, community, church and family partnerships to coordinate resources and approaches to common target populations to encourage abstinence education activities. <p>EPHS No. 9. Research new insights and innovative solutions to community health problems:</p> <ul style="list-style-type: none"> • Provide increased information to communities and providers regarding the impact on the community and family surrounding teen pregnancy, and consequences of teen-age sexual activity. • Promote the benefits of community based solutions and approaches that support abstinence education programs.
	Administrative Activities
	NA
Program Evaluation	Performance Measures
Performance Measures: State	4.1.4.1, Abstinence Education, Number of persons served in abstinence education programs. KEY
Performance Measures: Federal	Maternal and Child Health Bureau
Mandate/authority	N/A
Origins of program (if no mandate)	Title V, Social Security Act, 42 USC, 510
Program Rules	N/A

Updated August 20, 2002

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Advisory Committee or Regulatory Board	N/A